































Allergen Matrix

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
														
Avocado Croissant		Contains					Contains							
Breakfast Croissant (Bacon & Egg)				Contains										
Breakfast Croissant (Salmon & Egg)				Contains	Contains									
Baby Back Ribs		May contain										Contains		Contains
Bacon Stack		Contains		Contains			Contains							
Black Tofu (v)		Contains											Contains	
Breakfast Muffin		Contains		Contains			Contains						Contains	
Bubble & Squeak		Contains		Contains			Contains						Contains	
Chill-Burr Eggs (v)				Contains			Contains							
Egg'cellent Royale		Contains		Contains	Contains		Contains							
Eggs Benedict		Contains		Contains	Contains		Contains							
Eggs in Hell		Contains		Contains										
Eggy Bread (v)		Contains: Barley, Spelt, Khorasan, Wheat		Contains			Contains					Contains	Contains	

















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English Breakfast		Contains		Contains			Contains						Contains	
Florentine		Contains		Contains			Contains							
French Omelette (all variations)				Contains			Contains							
Home-made Granola (v)							Contains			Contains: Almond, Hazelnut, Walnut				
Mini English		Contains		Contains									Contains	
Oh So Veggie				Contains										
Polenta Porridge (v)							Contains			Contains				
Spanish Tortilla (v)				Contains			Contains							
The Casa Fry Up		Contains		Contains			Contains						Contains	
Bangers & Mash		Contains: Barley					Contains						Contains	
Belle's Quinoa Salad (ve)														
Goat's Cheese & Walnut (v)							Contains		Contains	Contains: Walnut				Contains

















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Quiche Lorraine				Contains			Contains							
Roasted Peach & Burrata							Contains							
Salmon Avocado					Contains									
Sauté Tower		Contains					Contains			Contains				
The Ceasar		Contains					Contains							
Tuna Steak Nicoise				Contains	Contains									
Bread & Butter (v)		Contains					Contains							
Cheese & Pickle Sandwich		Contains: Barley					Contains							Contains
Chicken Escalope Sandwich		Contains					Contains							
Croque Madame		Contains					Contains							
Falafel Houmous Sandwich		Contains										Contains		
Jambon Fromage Sandwich		Contains					Contains							















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On Sourdough Egg + Bacon														
On Sourdough Egg, Avo + Salmon														
On Sourdough Mushrooms + Halloumi														
Roast Veg Halloumi Sandwich		Contains					Contains			Contains				
Salmon & Cream Sandwich		Contains			Contains		Contains							
Scone & Jam (v)		Contains					Contains							
The Caesar Wrap		Contains					Contains		Contains					
Tuna Melt Sandwich		Contains			Contains		Contains							
Bread Pudding (v)		Contains					Contains			Contains: Pecan				Contains
Dutch Pancake (v)		Contains		Contains			Contains							
French Toast (v)		Contains		Contains			Contains							

















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Halloumi & Figs (v)							Contains							
Milky Pancakes (v)		Contains		Contains			Contains							
Chicken & Waffles		Contains: Wheat		Contains			Contains							
Chicken Escalope		Contains					Contains							
Grill Chicken & Mushroom				Contains			Contains							
Chicken Penne		Contains					Contains		Contains	Contains				
Chicken Penne		Contains		Contains			Contains		Contains	Contains				
Meatball Spaghetti		Contains		Contains					Contains					
Mum's Lasagna		Contains		Contains			Contains		Contains					
Spinach Ricotta Tortellini		Contains		Contains			Contains		Contains					
Chicken Strips		Contains					Contains							
Fish Cake		Contains			Contains		Contains							
Houmous Falafel (ve)												Contains		
Houmous Falafel (ve)												Contains		



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Pomme Rosti	Contains	Contains					Contains		Contains					
Zucchini Fritter (v)				Contains			Contains							
Fried Ice Cream (v)				Contains			Contains			Contains: Walnut, Hazelnut				
Hot Honey Chicken		Contains		Contains			Contains		Contains					
The Casa Patty		Contains					Contains							
Zucchini Burger		Contains		Contains			Contains							
Salmon Rice Bowl					Contains		Contains					Contains		